

# Islet Transplantation: Triumphs and Barriers

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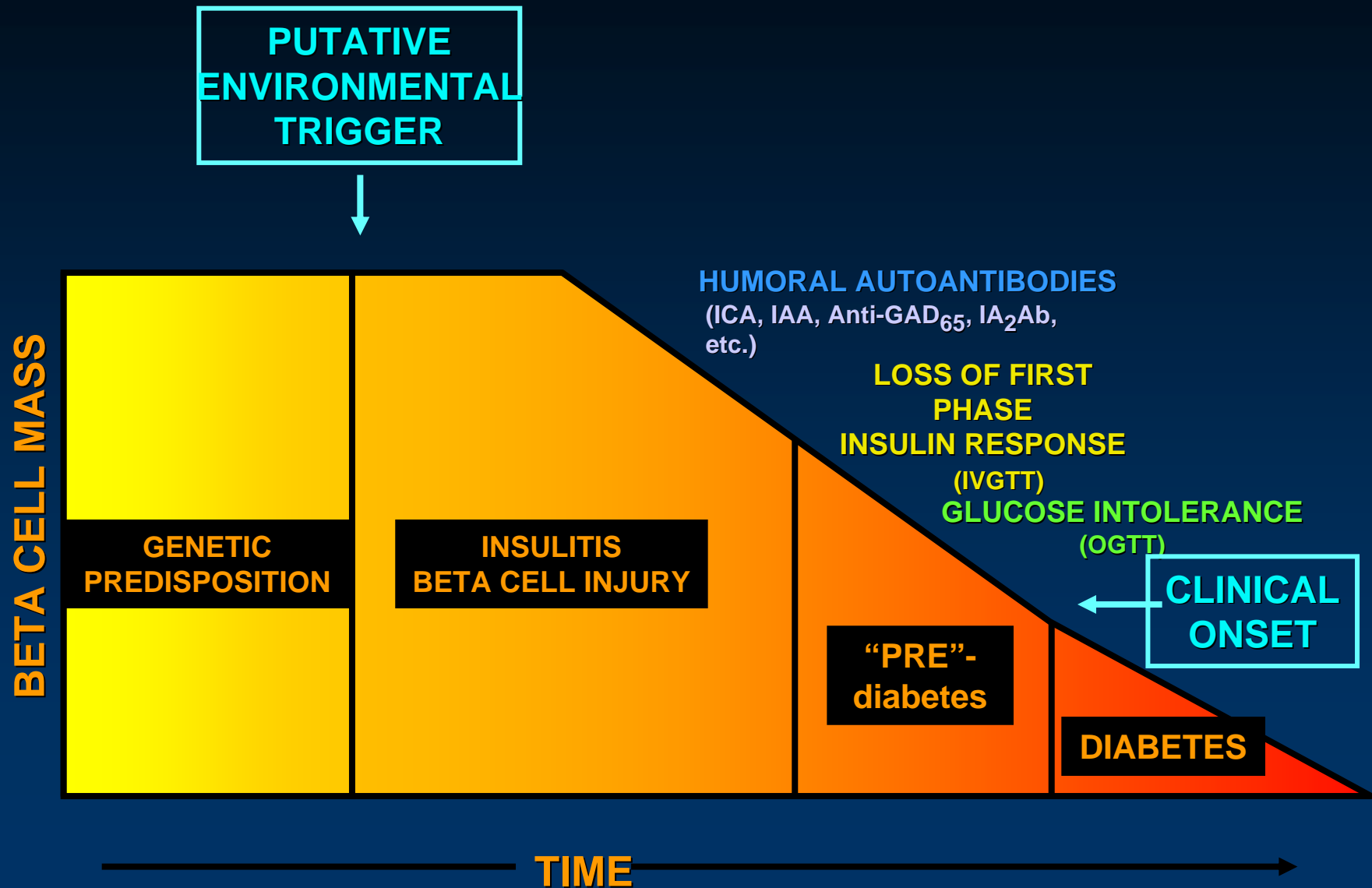
*Ontario Cancer Institute*

# Objectives

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- Brief overview of Type 1 diabetes
- Progress in islet transplantation
  - past, present and future
- Potential application in type 2 diabetes

# Natural History of Type 1 Diabetes

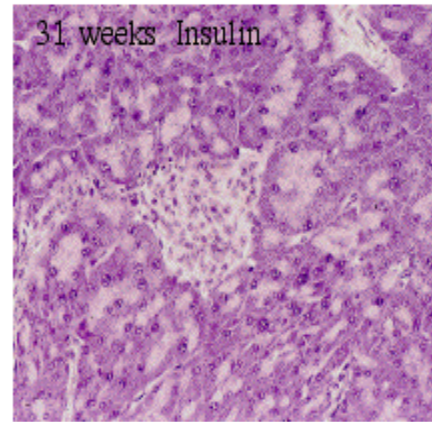
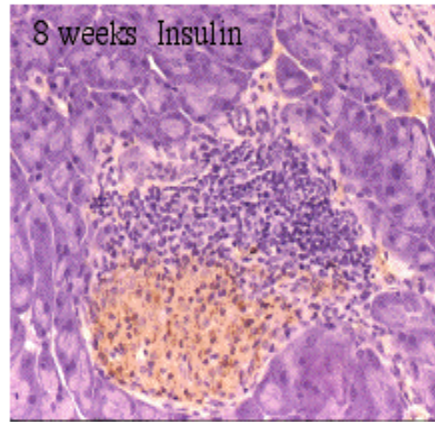
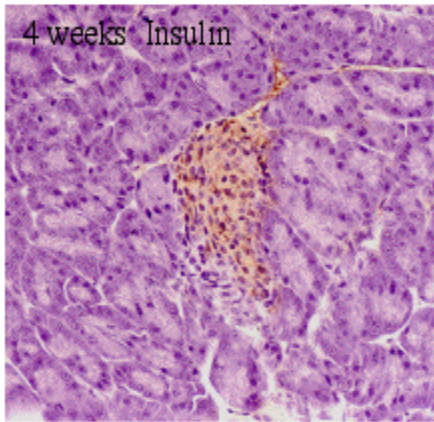


# Progression of Autoimmune Diabetes

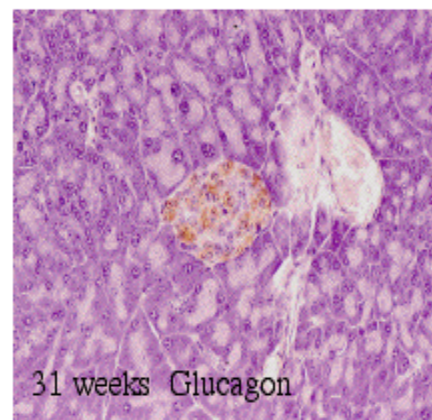
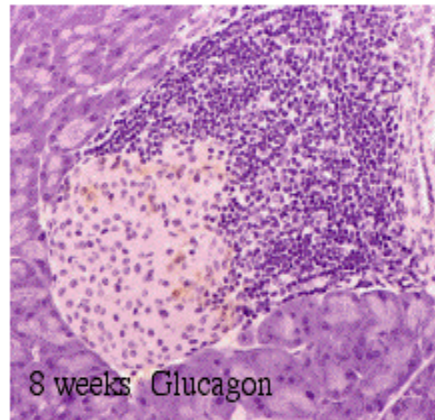
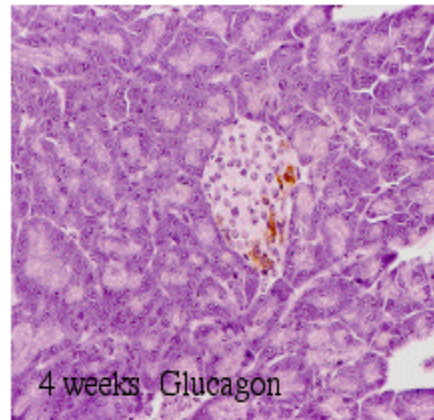
**Phase 1:  
insulinitis**

**Phase 2:  
Destructive**

Figure 1. Progression of diabetes in the NOD mouse



**insulin**



**glucagon**

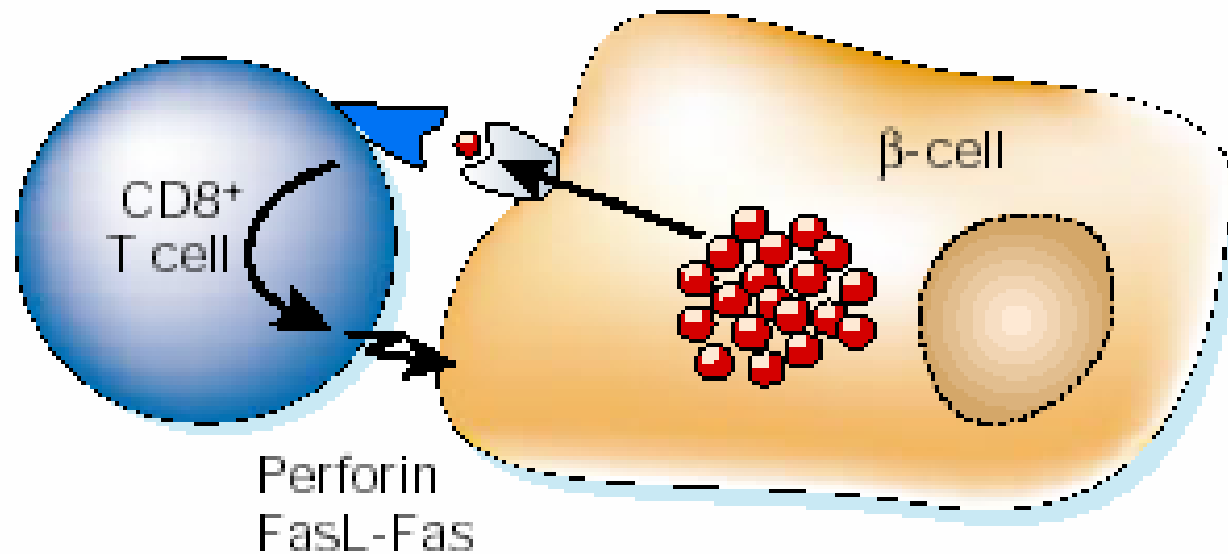
**4 weeks**

**8 weeks**

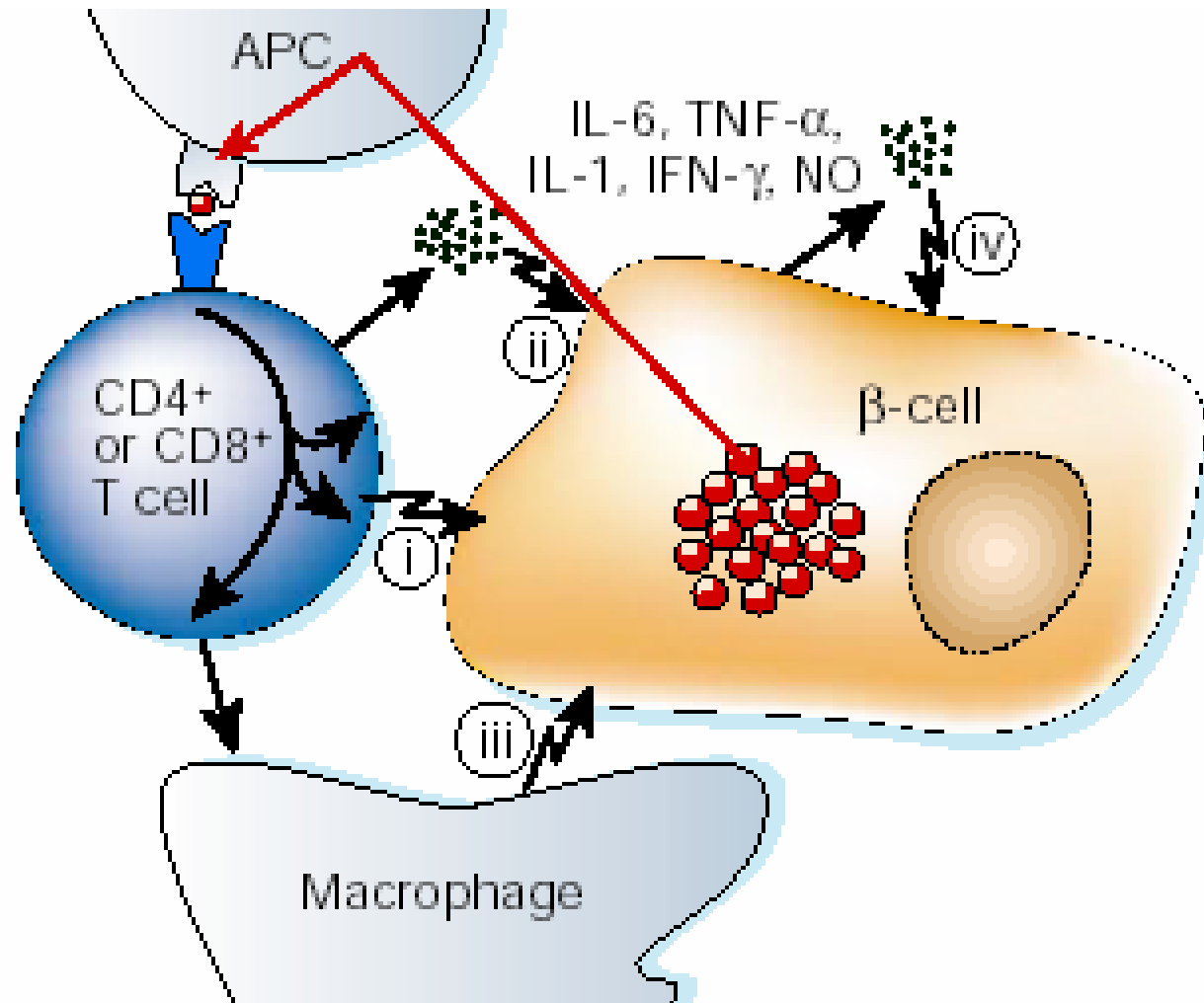
**31 weeks**

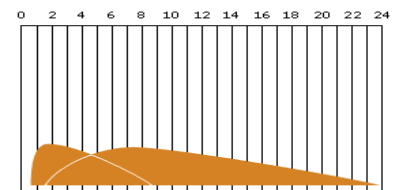
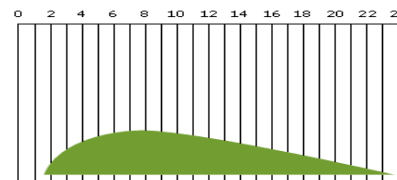
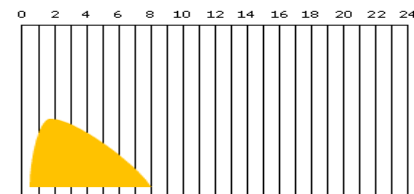
# Contact dependent $\beta$ cell death

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# $\beta$ cell destruction: End Stage



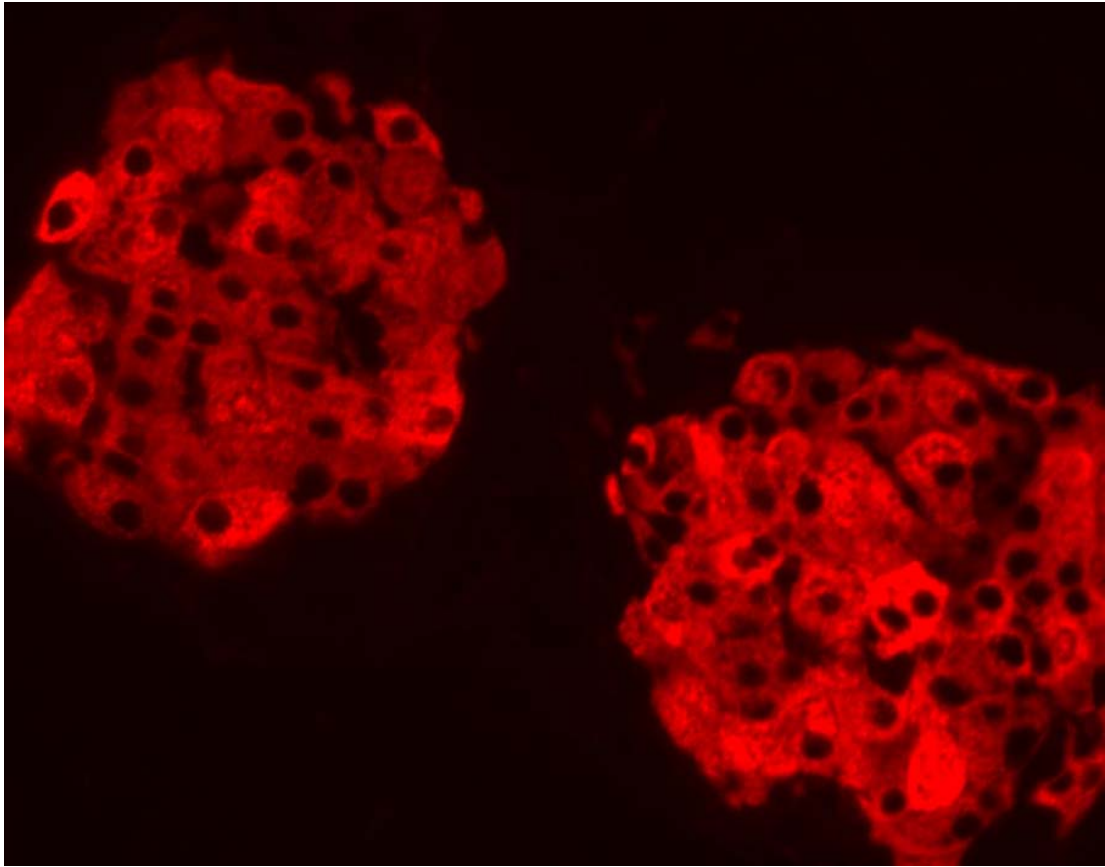


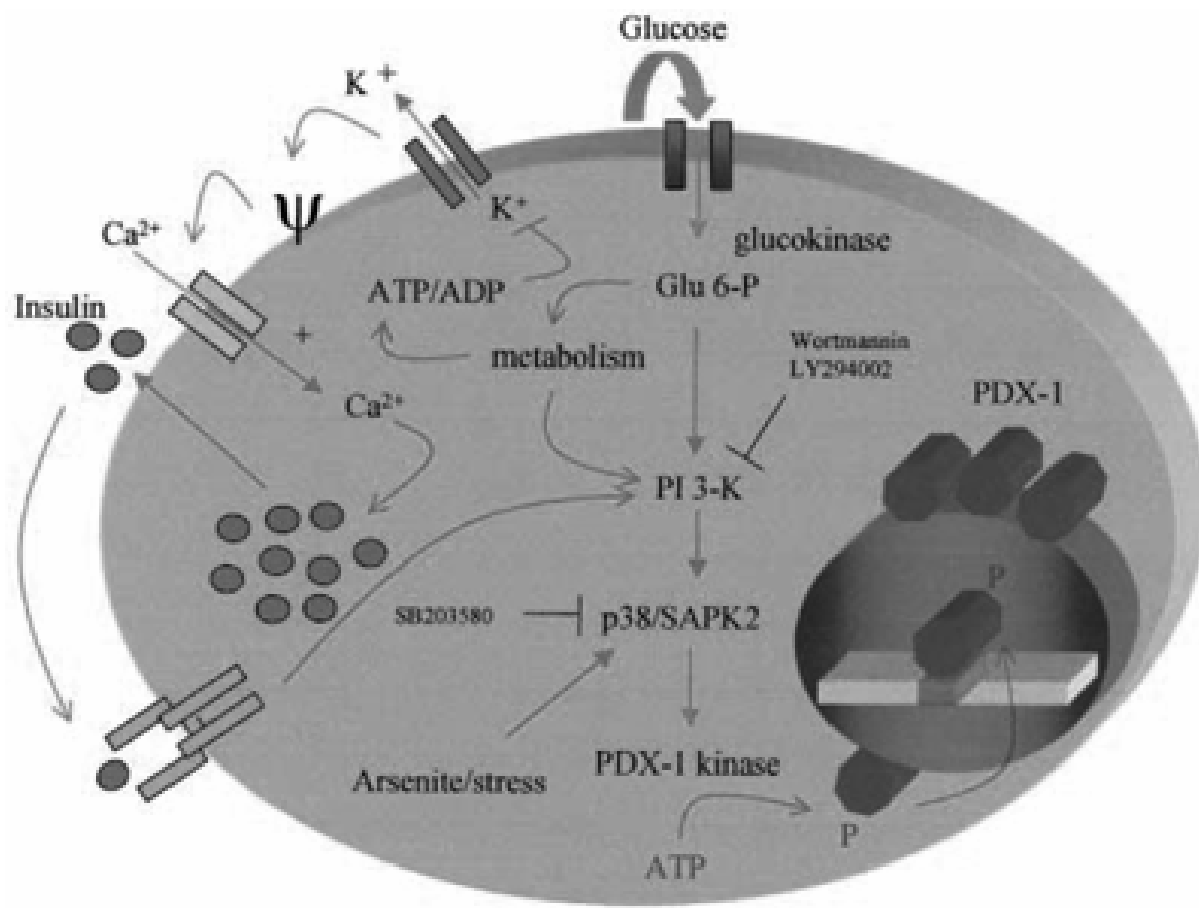
# DCCT

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- intensive insulin therapy
  - frequent injections
  - pumps
- significant protection against
  - nephropathy, neuropathy and retinopathy
- three fold increase in serious hypoglycemic events
  - seizure
  - coma

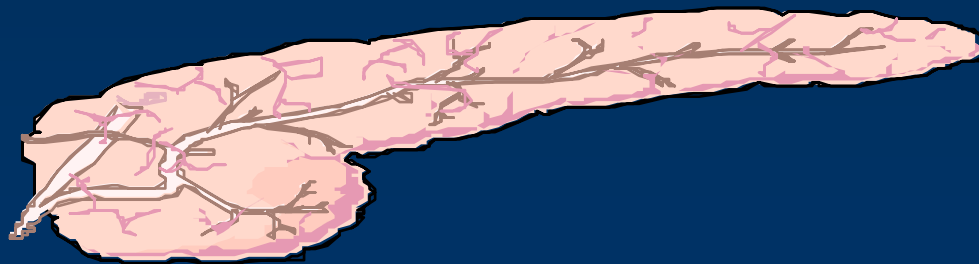






# Whole Pancreas Transplantation

- prolong life
- reverse established nephropathy
- improve quality of life
  
- too morbid to advocate for most patients with Type 1 diabetes



# Whole Pancreas Transplantation (cont'ed)

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- freedom from insulin, glucose monitoring and dietary restriction
- improved overall quality of life
- particularly for patients with hypoglycemic unawareness, brittle diabetes or gastroparesis

# Islet transplantation

- avoids surgical risk of the exocrine component
- 1967-Paul Lacy successfully isolated islets from pancreas
- 1970's-trials and tribulations of human islet transplantations

# Islet Transplant



The diagram illustrates the islet transplant process. On the left, a **Donor** is shown with islets being harvested from their pancreas. These islets are then transported to a **Brittle Diabetic Recipient** on the right, where they are implanted into the pancreas. A central inset shows a pancreas with a network of vessels, and a small red capsule is shown above it. A syringe is depicted injecting the islets into the recipient's pancreas.

**Antirejection Therapy - No Steroids**

- Induction Rx (10wks) Zenopax (Daclizumab) (Humanized Anti IL-2 Receptor Antagonist)
- FK506 (Tacrolimus)
- Rapamycin (Sirolimus)

**Fluoroscopy**



The slide includes two photographs. The top-left photo, labeled **Fluoroscopy**, shows a surgical team performing a procedure in an operating room. The bottom-right photo shows a patient lying in a hospital bed, likely a recipient of the transplant, with a visible abdominal area.

# Limitations in islet transplantation

- inadequate transplant mass
- inadequate islet potency
- inadequate prophylaxis allograft rejection or autoimmunity
- routine use of toxic and diabetogenic immunosuppression after transplantation

# Glucocorticoid free immunosuppressive protocol

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- sirolimus
- tacrolimus
- anti IL2 R monoclonal ab  
(daclizumab)



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ISLET TRANSPLANTATION IN SEVEN PATIENTS WITH TYPE 1 DIABETES  
MELLITUS USING A **GLUCOCORTICOID-FREE** IMMUNOSUPPRESSIVE REGIMEN

A.M. JAMES SHAPIRO, M.B., B.S., JONATHAN R.T. LAKEY, PH.D., EDMOND A. RYAN, M.D., GREGORY S. KORBUTT, PH.D.,  
ELLEN TOTH, M.D., GARTH L. WARNOCK, M.D., NORMAN M. KNETEMAN, M.D., AND RAY V. RAJOTTE, PH.D.

# continued improvements

- islet isolation techniques
- immunosuppressives
  
- Despite these advances:
- islet transplantation only approved for:
  - unstable forms of type 1 diabetes
  - recipients of other solid organ allografts

# Follow-up Edmonton data

- Over 50 patients
- One year insulin independence rate of 80%
- Three year islet graft function ~90%
- 2 patients remaining insulin free beyond 4 years

# Significant advances

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- reliable single donor islet transplantation protocols
- refinement of islet culture protocols
- better pancreas transport system
- improved recovery of trapped islets
- further immunomodulation therapy
  - anti-TNF $\alpha$
  - calcineurin inhibitor-sparing strategies
  - tolerogenic T cell depletion antibodies

# Limitations

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- Islet transplantation is much less effective in patients with high autoantibodies (GAD, ICA)
- post-infusion bleeding (10%)
- Portal vein thrombosis (<0.5%)
- malignancy, post transplant lymphoma, sepsis (rare but feared complications)
- poor engraftment (25-50%)
- islet apoptosis (anoikis, ischemia)

# Islet composition

- lower beta cell content than was previously thought
- grafts contained substantial population of exocrine and ductal tissue
- donor age affects islet yield and purity
- positive correlation between islet progenitor cells (ductal-epithelial cells) and long term metabolic success

# In vitro islet graft manipulation strategies

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- Expand islet mass using potent islet growth factors
  - Hepatocyte growth factor
  - Islet neogenesis-associated peptide (INGAP)
  - Epidermal growth factor and gastrin
- depletion of dendritic cells
- high oxygen exposure
- UV irradiation

# Tolerance induction

- Myelodepletion, Immunomodulation with regulatory T cells
- Immune Protection of the islets
  - immunoprivileged sites
  - Encapsulation of the islets
- Costimulation blockade
  - CTLA4 Ig, anti-CD40L, Inducible co-stimulator (ICOS)



# Further experimental strategies to facilitate better engraftment

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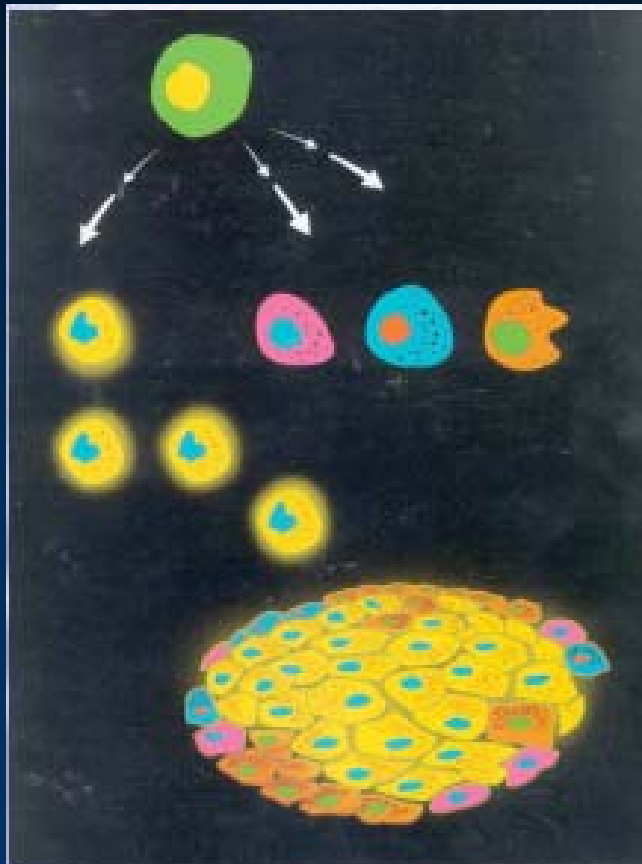
- gene therapy -vascular endothelial growth factor to promote islet neovascularization
- anti-macrophage therapy
- anti-inflammatory therapy (anti-TNF $\alpha$ )
- anti-oxidant therapy
  - nicotinamide, Vit D3
  - statins

# Alternative islet sources

- Genetic engineering
  - hepatocytes to secrete single chain insulin analog
  - intestinal mucosal K cells to secrete insulin
  - NeuroD-betacellulin
  - c-kit
- transplantation of embryonic stem cells
- Xenotransplantation

# Ultimate goal:

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- Evasion of immune destruction
- unlimited source of beta cells
  - survival/replication of existing beta cells
  - pancreatic stem cells

